

Are you feeling alright?

Verse 1

You've been through hell and back
You're always feeling like you're under attack
But you're oh so careful not to show the cracks
I wonder if the new ones know that you won't let it go
When someone asks

Chorus

Are you feeling, are you feeling alright?
Are you feeling, are you feeling alright?

Verse 2

You're the kind of person that pushes it down
And then steps to the ledge when there's no one around
But with all you've been through lately I hope you've found
Someone to get you through that can talk you
Back down to the ground

Chorus

Are you feeling, are you feeling alright?
Are you feeling, are you feeling alright?

Bridge

You'll never know love until you
Trust somebody, heart in hand
When you trust somebody they'll understand
When you say, you're not OK

Chorus (quiet)

So are you feeling, are you feeling alright?
I said are you feeling, are you feeling alright?

Chorus

Are you feeling, are you feeling alright?
Are you feeling, are you feeling alright?

Vocal part 2

Trying to think back but I can't remember
What it was like going into September
And here we are now at the end of December
Are you feeling alright?

Outro

Are you feeling alright?